

# West Nashville sees building boom

Media Coverage: WKRN  
Sunday, November 16, 2014 3:40 PM EST  
By Stephanie Langston, Reporter

NASHVILLE, Tenn. -

It seems as though you can't drive more than a few miles in any direction without passing a construction site in Nashville.

West Nashville is one of the latest to see the building boom from retail to residential, and area businesses are excited to see the growth.

"Charlotte is a good way to get in and out of town. It's not nearly as crowded as some of the other streets, so I think people are noticing that," Lance Brock, the owner of Climb Nashville, expressed to News 2.

The climbing, fitness and yoga studio opened their latest facility in the area in June.

"We have 10 to 15,000 different individuals come through our door per year. We wanted to be on a main drag, Charlotte was it."

Brock agrees that there is constant construction all around the area.

"It's changing fast. When we first looked at the lot it was mostly car lots, which is fine. We got some great neighbors, but in the last two years we've got M.L. Rose, Flip Burger is coming, there's a lot of bars and restaurants coming, Calypso Cafe's real close and then the big projects, like H.G. Hills and OneC1ty are really changing it quickly," said Brock.

Hill Center Sylvan Heights is just a few blocks away from the gym at 40th and Charlotte Avenue.

The project will feature about 20,000 square feet of retail space in two buildings, 14 single-family homes, 12 town homes, and more than 250 apartments in a planned four-story building.

"Their development is beautiful where ever they go, so we are excited to have them as neighbors."

There are several other neighbors moving in, from the mixed use development of OneC1ty to the residents of The Nations.

"The more residential that's over here, people can walk and bike to the gym that's great for us," stated Brock.

Completion of the Hill Center is expected by May 2016.

<http://www.wkrn.com/story/27396006/west-nashville-sees-building-boom>